

Parent Information Evening

Cyber Safety and Teen Vaping, Alcohol and Other Drugs

Thursday 23 October 2025 | 5:00 pm – 7:45 pm | Nazareth Centre, St Brendan-Shaw College

Two important sessions for parents and carers:

Cyber Safety for Families

Presented by Senior Constable Blake Nolan, Tasmania Police | 5:00 pm – 6:00 pm

Learn what young people are seeing, saying and doing online — and how adults can respond.

Topics include:

- Online child sexual exploitation — what it is and how it happens
- The realities of what children may experience online
- Practical steps parents can take to protect and support children

This presentation focuses on prevention and practical action, helping families stay ahead of online risks.

Important: This session is for adults only. It is not age appropriate for students or children.

Light refreshments served between sessions (6:00 – 6:30 pm)

Who Should Attend?

Parents, guardians and staff from:

- St Brendan-Shaw College
- St Patrick's Latrobe
- Sacred Heart Ulverstone
- Our Lady of Lourdes Devonport
- Our Lady of Mercy Deloraine
- Families of students enrolling at St Brendan-Shaw College in 2026

This event is designed specifically for parents and carers. Students and children should not attend.

Clearing the Air: Understanding Vaping, Alcohol and Other Drugs and Supporting Our Teens

Presented by Tanya Cavanagh, Teen Challenge Tasmania and NotEvenOnce Project | 6:30 pm – 7:45 pm

This evidence-based session helps parents understand what's happening and how to respond with confidence and care.

You'll hear about:

- How vaping products are marketed to young people
- Health risks and early warning signs
- Links between vaping, alcohol and other drugs
- How to start calm, constructive conversations
- Support pathways and early intervention

Tanya's work through Teen Challenge Tasmania and NotEvenOnce Projects has reached more than 177,000 students, educators and parents across Australia.

Pastoral Care & Wellbeing

Members of our Pastoral Care & Wellbeing team will be available for questions after the sessions.

Contact details for follow-up support will be available on the evening.

Please RSVP by Tuesday 21 October for seating and catering purposes.

RSVP Online: www.bit.ly/3KNLKud

Email: admin@sbsc.tas.edu.au | **Phone:** 6424 7622

