

Sacred Heart Catholic School News



Wednesday 22 February 2017

Issue 2

From the Principal

Sacred Heart School
5-7 Buttons Avenue
Ulverstone

Office hours
8.30am to 4.00pm
daily

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**Check out our
website:**
www.shu.tas.edu.au

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Download our Skoolbag app from either the Apple App Store, Windows Phone or Google Play Store. To install, just search for our school name Sacred Heart Catholic Primary School.



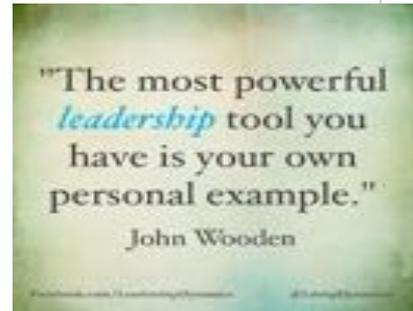
**Uniform Shop
Opening hours**
Monday 8.30-9.15am
Wednesday 8.30-9.15am
Thursday 2.30-3.15pm

School Bank Details:-
BSB: 067000
Acc: 10273288

Dear Families

Anyone can be a leader and the world definitely needs lots more good leaders! What is leadership? It is all around us and shows up in many ways. Leadership is...

- Doing the right thing without being asked or when no one is watching
- Helping others in need
- Guiding others on the right path
- Setting a good examples for others and being a good role model
- Standing up for others even when it may be the hard thing to do



Leadership is one of the most important skills you can learn to be the best person you can be and make the world a better place. The great thing is, all of us have the opportunity to practice leadership every single day in our home, at school, in sports and everywhere in between. Good leaders are not bossy and loud. They are:

- Good at listening
- Proactive
- Honest
- Generous
- Strong communicators
- Confident
- Fair
- In control of themselves



At assembly yesterday our Grade 6 leadership team for 2017 were presented to the school community. Congratulations Will, Hunter, Macey, Kiah, Kalan, Haylee, Tye, Bonny, Darcy and Maya. These 10 students have been elected by their peers and staff because they stand out for the right reason. They are good role models, they enjoy learning, being at school, like to challenge themselves, are good sports and they include others. I spoke to them on Monday and asked them if they were willing to take on the roles and learn leadership skills within our community and they were all excited and willing. I hope that together we can ensure they display that enthusiasm throughout the whole school year and that we all can encourage and support them in their leadership roles.

"If your actions inspire others to dream more, learn more, do more and become more, you are a leader." – John Quincy Adams

Enjoy the week ahead and thank you for your support of our school community.

Michelle Wootton

Principal

PBS Focus:-
Including others in games



Re News

Junior Joeys 2017

Our 2017 Junior Joeys team consists of 10 Grade 5/6 students who have kindly offered to give some of their time in service of others.

Our 2017 Junior Joey team for 2017 includes:

Alix	Nichola	Jack A
Rosemary	Jayla	Pheobe
Fine-Rose	Olivia	Latarna
Ashleigh	Mrs Hingston	Miss Davis

Throughout 2017 Junior Joeys will help with school events, run assemblies, organise fundraisers and learn about the life of Mary MacKillop.

On Wednesday March 15 we are planning to attend an Induction day facilitated by Sr Carmel at MacKillop Hill, Forth.

Pancake Day Shrove Tuesday

Next Tuesday 28 February we will celebrate Shrove Tuesday with the traditional cooking of pancakes. Each student will receive a pancake and discussion in class will begin to centre on the reasons for this in the Catholic Church and Ash Wednesday that signifies the beginning of the forty days leading to Easter.

The pancakes will be made from the pancake shake mixes. If your child is unable to eat these please discuss with your child's teacher or alternatively provide a pancake that can be eaten.

Ash Wednesday

Father Mike will be joining us at 10.15 on Wednesday morning next week to lead our Ash Wednesday service. We would like to extend an invitation to parents and friends who might like to attend. Project Compassion boxes will also be sent home to families on this day.

Laine Davis
APRE

Staff Whereabouts

This week those who have release include....

- Mrs Rodman away Thursday 23 February – Mrs Gausden in 3/4R.
- IEP Meetings Monday 27 February – Mrs Gausden relieving.
- Mrs Ray away Tuesday 28 February – Miss Lisa De Deuge in 1/2RB.
- Mr Garnsey away Tuesday 28 February – Mr Bell in 5/6G.

Our Great Achievers

Congratulations to the following boys and girls whose efforts were recognised at our assembly on Tuesday morning.

Blake and Makiah from Prep N;
Layla and William from 1/2RB;
William and Imogen from 1/2Z;
Zeph and Olivia from 3/4JH;
Carol and Jamieson from 3/4R;
Tristan and Kadence from 3/4IM;
Zane and Delanni from 5/6BB;
Elliott, Fine Rose, Pia and Macey from 5/6G; and
Hunter, Alex and Hayley from 5/6S.
Congratulations to all of you.



★★ School and House Captains for 2017 ★★

Congratulations to the following students who have been elected by their peers as student leaders and were presented with their leadership badges and certificates at Tuesday's Assembly.

School Captains 2017

Will, Hunter, Macey and Kiah

House Captains 2017

Hegarty
Kalan and Haylee
Johnson
Tye and Bonny
McCarthy
Darcy and Maya



Term 1 Class Captains

Prep N – Amos and Makiah
Prep/1DL – Rocco and Holly
1/2RB – Amelia and Maya
2Z – William and Marli
3/4JH – Aidan and Bethany
3/4IM – Conor and Lucah
3/4R – Hallie and Jordan
5/6S – Mitchell and Tyra
5/6BB – Oliver and Starla
5/6G – Ella and Kobi



North West Catholic Schools Swimming Carnival

We are currently in the process of choosing a team of swimmers from Grade 3 – 6 for the upcoming North West Catholic Schools Swimming Carnival. The team will be selected in conjunction with our swimming instructors, to ensure that we send students who are the most capable swimmers. If you have joined our school this year for the first time and you would like your child to be considered, please contact the school office. A maximum of 8 boys and girls from each age group will be selected. Permission letters will be sent home two weeks prior to the Carnival.

The Carnival is to be held at the Burnie Aquatic Centre on Thursday 30 March.

Student Information Sheets

Student information sheets were sent home this week with all students. **Parents are asked to make any necessary alterations, complete and sign the bottom of the page and return as soon as possible.** Please return them promptly to ensure that our records are up to date. Since last year we have updated our database to a new system and unfortunately, some information may be missing, so please check carefully to ensure that all necessary health information, addresses and phone numbers are accurate.

For those students who have Asthma and/or Anaphylactic reactions, there are extra forms enclosed which should be completed by your family doctor at your next visit if you haven't already given us new forms this year. It is important that we have these reviewed on an annual basis. If there are no changes to the information contained therein, please sign, date and return the current form.

Parent Teacher Interviews

A reminder that Parent Teacher interviews will take place tonight **Wednesday 22 February**.

Garden Club

If there are any students interested in joining a Garden Club at school, please register your interest with Mrs Williams at the school office. Once a week at lunchtime, students will be involved in general garden upkeep and keeping our school grounds tidy. Mr Damien McCulloch has kindly brought us in a green waste bag for the collection of weeds and it will be collected when full. Students will be provided with garden gloves.

Admin Relief

We are seeking expressions of interest from anyone who may be able to help out with Admin relief at school on an irregular basis. If you feel you have the necessary qualifications and are interested in being available for relief, please email your resume to shu@catholic.tas.edu.au including your availability.



Little Joeys: Hop in to learning

Sacred Heart Catholic School
Birth to 4 program
On each Tuesday during school terms
in the Kinder Room

9.00 – 10.30am

Keiran Hofer (Kinder Teacher)
and Melissa Mudford (Teachers Aide)

Come along and join in the fun
Cost \$2.00 per family

School Fees 2017

In 2017 we will be issuing one invoice for fees and levies at the commencement of the school year. Invoices will be sent out to families later this week.

Those families who wish to pay in full before the end of March will once again be offered a 5% discount on their school fees. We are endeavouring to have all of our families who do not wish to take advantage of this discount set up on a payment as soon as possible.

Please note that while ten monthly payments are our preferred option, weekly or fortnightly payments are also acceptable. If you have any queries in relation to this form or you require a fees assistance form, please contact Mrs Butcher or Mrs Wootton to discuss same. Those families who need fee relief are required to complete a new form each year. If you have not completed this form, you will be billed for the full amount of fees until this paperwork is completed and approved.

Uniform Shop News

The Uniform Shop are seeking new volunteers to help this year. If you are available on a weekly or fortnightly basis, please leave your name at the school office. Opening hours are listed on the front page of this Newsletter. Thank you.

Working with Vulnerable Persons Act

You are reminded that if you wish to help in the classroom, accompany classes on excursions, assist in the Uniform Shop or Canteen, coach sports teams etc, in accordance with Tasmanian Government Legislation, you must be registered for Working With Vulnerable People. This costs the volunteer \$17.76. **This means that if you do not hold this certificate you cannot volunteer at school.** Please contact the Office if you require any assistance with this application process. Applications must be made online at www.justice.tas.gov.au/working_with_children/application



These students have cashed in their Sacred Heart Tokens for a well-deserved reward.

Tokens are given out to students following the school mantras –
be your best, be safe and be respectful.

ICT Agreements

ICT Agreements for all children were sent home last week. Please discuss with your child, **complete both sides, sign and return to school** as soon as possible. Any queries with regard to our ICT policy, please contact the school office.

5/6 Cricket News

Primary school cricket roster is due to recommence on Friday 3 March 2017. **If you are interested in registering for this roster, please collect a registration form from the school office and return as soon as possible.** Thank you to the Gavigan family who have offered to coach the team. We require other parent helpers to assist with umpiring and scoring and would be pleased to hear from anyone who is able to help. Registration fee is \$15.00. Roster runs for four weeks in March and seven games in Term 4.

Soccer

Interested students should register their names at the school office, so that we can arrange teams.

Ulverstone Soccer Club is holding a registration day on Sunday 26th February from 10 am - 2 pm, registration is \$80 for school soccer and our under 8's program. Please contact Lisa on [0437868466](tel:0437868466) for further information.

Ulverstone Basketball Association

Aussie Hoops skills program for boys and girls aged 6-8 commences 20 March. Please see the school office for a separate flyer if you are interested in this program or other junior local rosters, which commence on 27 February.

School Photos

School photos are scheduled to be taken on Thursday 16 March. Order forms accompany today's Newsletter for individual and class photos. **Families who wish to have a family photo taken must collect a separate form from the school office.** Please return all orders to the school office or your child's class teacher by Tuesday 14 March. No late orders will be accepted. **Please ensure students are dressed in correct uniform for the photos, PE uniform for Prep and Kinder classes, and full Summer Uniform for Grades 1 to 6.**

Fruit break

Families are reminded that each morning at approximately 10am all classes enjoy fruit break. Please ensure that your child has a piece of fruit or vegetable to have at this time.



Important Dates

Wednesday 22 February	6.45pm	Parent Teacher interviews Board Meeting
Tuesday 28 February		Shrove Tuesday Pancake Day
Wednesday 1 March	10.15am	Ash Wednesday Service
Monday 13 March		Public Holiday
Thursday 16 March		School Photos
Thursday 30 March		North West Swimming Carnival
Monday 10 April	6.45pm	Parents & Friends Meeting
Friday 14 April		Good Friday
<i>School Holiday break</i> Monday 15 to Friday 26 May		
Wednesday 31 May		Prep to 2 Learn to Swim Cross Country
Monday 12 June		Public Holiday
Tuesday 13 to Friday 23 June		Grade 3 to 6 Learn to Swim
Wednesday 28 June		North West Cross Country
Friday 7 July		Student Free Day
<i>School Holiday break</i> <i>School Holiday break</i>		
Sunday 29 October		School Fair
Friday 3 November		Athletics Carnival
Monday 6 November		Recreation Day Public Holiday
Wednesday 22 November		North West Athletics Carnival
Thursday 21 December		Last day for students

Up Stage Performing Arts develops creativity and confidence through acting, dancing and singing and will provide classes for students aged 7-16 years beginning on 27 February. See Noticeboard outside school office for more details or phone Jodie Gausden on 0409951199.

Back to school asthma checklist



1. ASTHMA ACTION PLAN

See a doctor for a signed Asthma Action Plan or Care Plan. Schools require an up-to-date plan for each student with asthma at the start of the new school year.

Evidence tells us that using an Asthma Action Plan can help to reduce hospitalisations, improve lung function and reduce the number of days off school.

While with the doctor, why not combine this with a check-up for your child's asthma, including a check on their device technique.

2. RELIEVER MEDICATION

Check with the school about their medication policy and work with the staff to find the best way to manage your child's asthma medication, including before physical activity (where applicable).

- Medication and devices are clearly labelled with your child's name
- Medication is in date and with sufficient medication remaining

3. TALK TO SCHOOL STAFF

Make time to talk with the class teacher and the school nurse (where applicable) about your child's asthma, their Asthma Action Plan and their usual triggers, symptoms and medication.

Also talk to your child's sport coaches and supervisors of other school activities. Don't forget to keep staff up-to-date with any change to your child's asthma management.

Use this valuable time to:

- Go over your child's Asthma Action Plan
- Discuss your child's signs of asthma
- Show them your child's asthma medication and demonstrate how to use it
- Talk about the extent to which your child can self-manage their asthma
- Provide details of how to contact you when:
 - They have asthma symptoms
 - They use a reliever medication at school

Proud partner of Asthma Australia. teachershealth.com.au



LEARN MORE ABOUT ASTHMA.

Contact your local Asthma Foundation 1800 ASTHMA Helpline (1800 278 462) or visit www.asthmaaustralia.org.au