

Wednesday 13 September 2017

Issue 27



Sacred Heart School

5-7 Buttons Avenue
Ulverstone

Office hours

8.30am to 4.00pm daily

Phone:

64252680

E-Mail:

shu@catholic.tas.edu.au

Check out our website:

www.shu.tas.edu.au

Like us on Facebook



Download our Skoolbag app from either the Apple App Store, Windows Phone or Google Play Store. To install, just search for our school name Sacred Heart Catholic Primary School.



Uniform Shop
Opening hours

Monday 8.30-9.15am

Wednesday 8.30-9.15am

Thursday 2.30-3.15pm

School Bank Details:-

BSB: 067000 Acc: 10273288

From the Principal

Dear Families

This week, during whole school Prayer the focus was on Gratitude. Thank you to 2Z for reminding all of us about the importance of 'Being Grateful.' Gratefulness is one of our Josephite Values that are embedded within the curriculum.

Gratitude is a feeling of thankfulness and appreciation. Teaching our children to say "thank you" is important, but instilling a sense of gratitude is essential. Gratitude goes beyond good manners — it's a mindset and a lifestyle.

When we promote gratitude in our children, we are giving them a great gift. Gratitude grants perspective. It is important that we are role models to our children. The values our children embrace as they get older are the ones they see us living out. There are countless opportunities every day for us to model gratitude. When children complain, it can be helpful to try to find a response that looks on the bright(er) side. It's called an "**attitude of gratitude**" (MJR) for a reason — it's about perspective more than circumstance.

As positive role models we need to remember that it's more productive to teach our children to be resilient and refocus them on the positives.

Have an attitude of gratitude!

Children Learn What They Live
By Dorothy Law Nolte, Ph.D.

If children live with criticism, they learn to condemn.

If children live with hostility, they learn to fight.

If children live with fear, they learn to be apprehensive.

If children live with pity, they learn to feel sorry for themselves.

If children live with ridicule, they learn to feel shy.

If children live with jealousy, they learn to feel envy.

If children live with shame, they learn to feel guilty.

If children live with encouragement, they learn confidence.

If children live with tolerance, they learn patience.

If children live with praise, they learn appreciation.

If children live with acceptance, they learn to love.

If children live with approval, they learn to like themselves.

If children live with recognition, they learn it is good to have a goal.

If children live with sharing, they learn generosity.

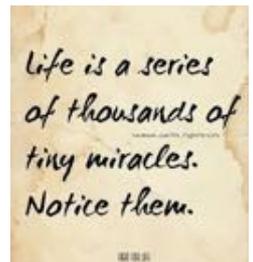
If children live with honesty, they learn truthfulness.

If children live with fairness, they learn justice.

If children live with kindness and consideration, they learn respect.

If children live with security, they learn to have faith in themselves and in those about them.

If children live with friendliness, they learn the world is a nice place in which to live.



Thank you to all families in our community who we are continually grateful for. Have a safe and enjoyable week ahead.

Charlene Best

Acting Principal

PBS Focus:-
Help each other



RE News

School Validation

Today our school welcomed four members of the TCEO community who walked our leadership staff through the process of Validation.

The Validation process provides an external, formal quality assurance measure for the school community, federal and state governments, the Archbishop and Governing Bodies of Catholic Education Tasmania. Validation also provides an external affirmation of the school as it carries out the Mission of the Church to educate.

Some Validation Purposes:

1. Affirms good practice
2. Offers recommendations for further improvement
3. Provides a measure of quality assurance to educational authorities and the school community
4. Responses to the Archbishop's Charter - provides the Archbishop with a measure of quality assurance
5. Shares wisdom and good practice between
6. Accountability and quality control
7. Supports and guides the school in its future directions.

(Tasmanian Catholic Education Commission)

Our school looks forward to obtaining feedback from the Validation process, for both celebrating our successes and setting goals for further improvement.

A Poem by Ralph Waldo Emerson

For flowers that bloom about our feet;
For tender grass, so fresh, so sweet;
For song of bird, and hum of bee;
For all things fair we hear or see,
Father in heaven, we thank Thee!

For blue of stream and blue of sky;
For pleasant shade of branches high;
For fragrant air and cooling breeze;
For beauty of the blooming trees,
Father in heaven, we thank Thee!



Staff Whereabouts

This week those who have release include....

- Ms Hofer away until further notice, Mrs Melissa Wescombe Kinder relief.
- Miss Neal away Wednesday 20 September, Mrs Linhart on PN.

Library News

Thank you to those wonderful parents who have helped out with book covering. Your continued assistance is greatly appreciated.

Our Great Achievers

Congratulations to the following boys and girls whose efforts were recognised at our assembly on Tuesday morning.

Baxter and Noah from Prep N;
Holly and Gemma from Prep/1DL;
Ruby and Brodie from 1/2RB;
Jhett and Aerin from 2Z;
Charlotte and Owen from 3/4IM;
Josef, Abby and Anna from 3/4C;
Brianna, Tom and Joshua from 3/4JH;
Shakia, Liam and Cooper from 5/6S;
Jack and Abe from 5/6B; and
Elliott, Pia and Macey from 5/6G.



Super Roo Stars



This happy student cashed in his Sacred Heart tokens for a well-deserved reward.

Tokens are given out to students following the school mantras –
be your best,
be safe and
be respectful.

A colorful poster for 'School Fair News' decorated with balloons and streamers. The text provides information about the next meeting, suggestion box, garage sale collection day, lucky bags, business donations request, and wanted craft items.

School Fair News

NEXT MEETING
The next fair planning meeting is Friday 22nd September at 3pm in the Chill Room - please take the time to get involved!

SUGGESTION BOX – ENTRY DATE EXTENDED
Students, Parents & Staff: You are encouraged to please share your ideas for this year's fair fundraising aim! A suggestion box has been placed in school reception, simply complete the form to have your idea considered. Entries now close Friday 22nd September.

GARAGE SALE COLLECTION DAY
Have you cleaned out those cupboards yet? Our second Garage Sale collection day is Friday 22nd September. Also seeking donations of books and DVDs for that stall.

LUCKY BAGS
A letter will be sent home to each family soon regarding lucky bags (instead of lucky jars) please start collecting your small items to pop in these zip lock bags (bags supplied).

BUSINESS DONATIONS REQUEST
Calling all school community business owners – would you like to donate your goods or services to the Apex Wheel? Please contact us!

WANTED - CRAFT
This year's Craft Stall is in urgent need of craft to sell at the School Fair! We are seeking already made craft items from our School Family & Friends. A great project to do with the kids! If you can help please contact us!

Email: stu.pand@catholic.tas.edu.au or contact the school office.

Little Joeys News

Tuesday 26 September will be the last playgroup for this year and on that day Playgroup will be meeting up at the Berry Patch from 9.30 - 11.30 as our end of year celebration.



I would like to say thank you to the parents/carers and their children and I hope they have enjoyed our relaxed, friendly environment and have made many new friends.

Melissa Mudford. 😊



Important Notice Josephite Soup Kitchen

Canteen will not be on the 22nd of September as the 3/4's are holding a Josephite Soup Kitchen.

All money received from the day will be donated to the Ronald McDonald Foundation.

Your child will have a choice of 3 soups and bread.

All children will receive an order form for the day.

Please ensure that your child receives one from their classroom teacher.

Your child's choice will need to be clearly shown on the order form.

Order forms need to be returned by Friday 15 September, **no late orders will be accepted.**

Money must be paid with the form.

All soups will be gluten free, dairy free and nut free.

If possible please **bring your own mug** for the soup.

Spring Netball Roster

The Central Coast Netball Association will be conducting a Primary Mixed Spring Roster to be held at the Ulverstone Sports Stadium commencing on Tuesday 17 October and concluding on Tuesday 12 December 2017.

There will be a 3/4 Netta mixed roster to be held on the outdoor courts. The 5/6 Senior mixed netball roster will be conducted on the two inside courts.

Registration is \$30-00 per player with a \$5-00 discount for siblings. Teams are to provide 1 umpire each. It would also be appreciated if one staff member or parent from each school would be available to help run the roster as it is purely run by volunteers.

A medal will be presented to every registered player at the end of the season. An icy pole will be given out to every player at the conclusion of the last roster game.

Registrations forms and payment may be left at the school office and a receipt will be issued and given to you on the first game. Rosters will then be distributed to schools to on forwarded.

For any further enquiries please contact Andrea Williams on 64252680 during office hours or email andrea.williams@catholic.tas.ed.au.

Day for Daniel

In partnership with the Daniel Morcombe Foundation and the Commonwealth Bank of Australia, the Australian Federal Police will be supporting a 'Day for Daniel' with a two-week educational tour in Tasmania. The 'Day for Daniel' presentation will visit our school and will be presented to children in



Grades 3-6 on

Thursday, 14 September 2017

from 11:30am-12:30pm

All students are asked to wear something red with their normal school uniform. Donations may be left at the school office, however this is not compulsory.

Canteen News

Did you know that many popular children's fruit drinks which promote themselves as healthy options have been found to contain up to **7 teaspoons of sugar**. An analysis by the Obesity Policy Coalition has revealed how popular lunchbox-sized fruit drinks on Australian supermarket shelves use healthy sounding statements on their labels despite their high sugar content. Popular brands market these products as healthy, every day options for kids lunchboxes, when in actual fact many contain as much sugar, and sometimes more, than Coca-Cola. As a staff, we have decided to longer offer pop tops for sale in the school canteen. Flavoured milk and water will still be offered.

As we use up current stocks, please note that there will be no Apple & Blackcurrant available this week. From Friday 29 September, pop tops will no longer be available through the Flexi-schools online ordering system.

Jump Rope for Heart

We have been overwhelmed with the number of participants in this year's Jump Rope for Heart. So.... we have extended the programme!! Our jump off date is now Monday 25 September for the 3-6 classes and Wednesday 27 September for the P-2 classes. This will allow extra time for fundraising. In the meantime we encourage the students to practice their skipping at recess and lunch time for their heart health.

Our current leader board is:

Tom	\$729
Sophie	\$465
Felix	\$412
Nichola	\$138
Sienna	\$109
Ava Jane	\$95
Loghan	\$93
Gwynne	\$80
Logan	\$32
Isaac	\$20
Maddie	\$15
Toby	\$13
Piper	\$13
Kadey	\$11



Important Dates

Thursday 14 September	Day for Daniel
Wednesday 20 Sept 6.45pm	Board Meeting
Friday 22 September	No Canteen – Josephite Soup Kitchen
3pm	Fair Meeting in Chill Room
Monday 25 September	Jump Rope for Heart 3-6
Wednesday 27 September	Jump Rope for Heart P-2
Friday 29 September	Footy Colours Day
<i>School Holiday break Monday 2 to Friday 13 October</i>	
Monday 16 October 6.45pm	Parents & Friends Meeting
Tuesday 24 October 9.30am	First Pre-Kinder Session
Sunday 29 October	School Fair
Friday 3 November	Athletics Carnival
Monday 6 November	Recreation Day Public Holiday
Monday 20 November 6.45pm	Parents & Friends AGM
Wednesday 22 November	North West Athletics Carnival
November 28 to 30	Grade 5/6 Camp Spring Beach
November 29 to 30	Grade 3/4 Camp Clayton
Friday 1 December	Devonport Show Day Holiday
Thursday 21 December	Last day for students
Friday 22 December 12noon	School Office closes
Monday 29 January 2018	School Office reopens

2018 Term Dates

- Term 1 – Thursday 8 February to Friday 13 April
(Easter break Friday 30 March to Tuesday 3 April)
- Term 2 – Monday 30 April to Friday 6 July
- Term 3 – Monday 23 July to Friday 28 September
- Term 4 – Monday 15 October to Thursday 20 December

End of Year Activities

Date	Event
13 December (Wednesday)	Whole School Mass 11-30am at Sacred Heart school - families welcome to attend
13 December (Wednesday)	Family Picnic and Carols on the school oval 5.30 - 7.00pm.
19 December (Tuesday)	Picnic day at Splash Aquatic Centre Prep-6
20 December (Wednesday)	Final Assembly and Year 6 awards at Sacred Heart Church commencing at 10.00am - families welcome to attend
20 December (Wednesday)	Grade 6 Graduation Service at Sacred Heart Church at 6.00pm.
20 December (Wednesday)	Grade 6 Leavers Dinner from 6.45-8.30pm. at the River Arms - students to attend following graduation service

The Devonport Touch Association will be running a 4th Term touch football roster on a Thursday after school at Meercroft Park. Team and player registrations for this roster close on Wednesday 27th September. This year students will need to register and pay online. There will be a Primary Registration night and skills clinic on Thursday 21 September from 4pm to 6pm at Meercroft Park. An information sheet is available from the school office for those who are interested.

Riverbend Youth Camp

Spring Holiday Camps 2017 enrolment forms available from the school office. Camp 1 will run from 1st to 6th October for Grades 3, 4 & 5 and Camp 2 will run from 8th to 13th October for Grades 5, 6 & 7.

slipstream CIRCUS
PRESENTS
Wendy
A CIRCUS ESCAPE TO NEVERLAND

LEVEN THEATRE ULVERSTONE

SHOW DATES	TICKETS
Thursday Show 28 Sept: 7-9pm	Adults: \$20
Friday Show 29 Sept: 7-9pm	Child Over 65: \$15
Saturday Matinee 30 Sept: 1-3pm	FAMILY
Saturday Evening 30 Sept: 7-9pm	2 Adults & 2 Children: \$60
Sunday Matinee 1 Oct: 1-3pm	2 Adults & 3 Children: \$70
BOOKING LINK www.trybooking.com/295598	2 Adults & 4 Children: \$80

www.slipstreamcircus.org.au | 0459 028 352 | office@slipstreamcircus.org.au
Kylie Strachan Design Studio

Today another 35 people will be told they have blood cancer.

Be the light
in their darkest hour.

Leukaemia Foundation
VISION TO CURE
MISSION TO CARE

Light the Night
Gnomon Pavilion, Ulverstone
Thursday 14 September at 4:30pm
Join this event at lightthenight.org.au

BRIDGESTONE PHILIPS TOLL logo logo logo