

Wednesday 1 November 2017

Issue 32



Sacred Heart School

5-7 Buttons Avenue
Ulverstone

Office hours

8.30am to 4.00pm daily

Phone:

64252680

E-Mail:

shu@catholic.tas.edu.au

Check out our website:

www.shu.tas.edu.au

Like us on Facebook



Download our Skoolbag app from either the Apple App Store, Windows Phone or Google Play Store. To install, just search for our school name Sacred Heart Catholic Primary School.



Uniform Shop
Opening hours

Monday 8.30-9.15am

Wednesday 8.30-9.15am

Thursday 2.30-3.15pm

School Bank Details:-

BSB: 067000 Acc: 10273288

From the Principal

Dear Families

"Thank you" doesn't seem fitting or indeed enough but I would like to sincerely thank all of you our families, school staff and friends for your contribution to our school fair on Sunday. It was a hugely successful day, the skies stayed clear and it helped to positively promote our school and the wonderful community we are part of.

'Thank you' is the best prayer that anyone could say. I say that one a lot. Thank you expresses extreme gratitude, humility, understanding. Alice Walker



Today is All Saints Day and yesterday we celebrated this with a prayer assembly. Thank you to our 5/6S students who led us in prayer. I have included the reflection that Nicola shared.

ATTITUDE

"The longer I live, the more I realise the impact of attitude on life.

*Attitude, to me, is more important than the past, than education, than money,
than circumstances, than failures, than successes,
than what other people think or say or do.*

It is more important than appearance, giftedness, or skill.

It will make or break a company... a church... a school... a home.

*The remarkable thing is we have a choice every day
regarding the attitude we will embrace for that day.*

*We cannot change our past... we cannot change the fact that people will
act in a certain way. We cannot change the inevitable.*

The only thing we can do is play on the one string we have, and that is our attitude.

I am convinced that life is 10% what happens to me and 90% how I react to it.

And so it is with you... we are in charge of our ATTITUDES."

Charles Swindoll

Enjoy the long weekend and the week ahead. We hope to see you at our Athletics Carnival on Friday.

Michelle Wootton

Principal

PBS Focus:-

Take pride in your learning (work presentation)



All Saints Day

November 1

Today is All Saints' Day, a celebration of the saints. During the month of November we turn our hearts to celebrate the Communion of Saints which is the love between saints on earth and saints in heaven. Their stories teach us that there are many ways to follow Christ.



Staff Whereabouts

This week those who have release include....

- Ms Hofer away until further notice, Mrs Melissa Wescombe Kinder relief.
- Ms McCormack away Thursday 2 and Friday 3 November – Mr Alex Benson in 3/4IM.
- Ms Zeleznik away Fridays this term – Mrs K Hingston in 2Z.

Condolences

Sincere condolences to Harper Clark (Kinder) and her mother, Michaela Redpath on the recent loss of their beloved father and partner, Ben. Our thoughts and prayers are with you both.



Basketball

We entered three teams into the BTAS NW Primary School Tournament on the weekend. The 5/6 boys team won two games and ended up coming fourth. Our 3/4 girls team won two out of their four games and ended up third. Our 5/6 girls team won all of their games and played off in the grand final, beating Penguin by 4 points. The 3/4 and 5/6 girls teams have qualified for the State Championships, which will be held at the Elphin Sports Centre on the 2nd and 3rd of December. Letters will go home today to the players in those teams regarding their availability for the tournament prior to entering teams. A huge thank you to the coaches and the managers of the teams and especially the parents as we understand there was a huge amount of juggling required with fair commitments and getting players to the games – some as far away as Wynyard! Well done to all players involved who represented our school and showed great commitment and sportsmanship.



Athletics Carnival

Our School Athletics Carnival will be held this Friday 3 November on the school oval. The program will run on a similar format to last year's event.

The day will commence at 9.30am with Grade 5 and 6 800m events. This will be followed by the first round of rotations from 9.45am to 11.45am. Grades 3-6 will do their field events and Kinders to Grade 2 will do their track events (running races) during this rotation.

Lunch break will be from 11.45am until 12.15pm.

Following on from lunch break, the second rotation will see the Kinder to Grade 2s doing their field events and novelty races, with the Grades 3-6s doing their track events. All events should be finished by 2.15pm.

Please note that times are approximate only. If we have to postpone the event due to inclement weather, it will be held next Friday 10 November.

Students are asked to wear a tshirt the colour of their house if possible. Whilst coloured hairspray is allowed, this must be applied at home and not brought to school. Please ensure your child has sunscreen, a hat and plenty to drink.

Parents/grandparents and carers are most welcome to come along to support their children, but to avoid collisions with students competing in events, are requested to stay on the school side of the track. Thank you.

Pre-Kinder

Yesterday we welcomed 2018 Kindergarten children to their second pre-Kinder session. We started by exploring the outdoor playground which included egg collecting, climbing ropes, bike riding and more.

We listened to 'Franklin is Bossy' by Paulette Bourgeois and talked about what being a good friend looks and sounds like. We created happy friend faces and drew our own special friends.

We concluded the pre-Kinder session with our first trip to the school library where students were able to select a book to take home for the week.

Miss Davis and Mrs Mudford are very impressed at how quickly we are learning important things about going to school.

We look forward to our pre-Kinder adventures next week.



**DUE TO ATHLETICS CARNIVAL
CANTEEN THIS WEEK
WILL BE LUNCH ONLY
NO RECESS ORDERS**

iPads for 2018

A separate flyer has been sent out to families of this year's Grade 2s with regard to ordering iPads in readiness for next year. Please return this form to the Office, even if you are not purchasing through us.

If any students in years 3 to 5 require new iPads and would like to purchase them through the school, please contact the school office so that you can obtain an order form.

**Orders will be placed this Friday 3 November.
No late orders can be accepted.**

Any queries should be addressed to either Andrea Williams or Michelle Haines in the school office.

School Registration

We are pleased to advise our school community that the Office of the Education Registrar has determined that our school be unconditionally re-registered for a further 5 year period from 1 January 2018. Please see below an extract from their letter to Mr John Mula, the Director of the Tasmanian Catholic Education Office.

"When making this determination, the Board noted that the school leadership is strong and the staff is well established, clearly enthusiastic and committed to providing a very solid education experience based on the Australian Curriculum. In addition, the Board noted that assessment and reporting is thorough and compliant, with the planning and delivery of the curriculum pedagogically sound. The Board also noted that the school is very well resourced, open, light and colourful, and that it is an attractive and well run school."

The Difference between ADHD and Autism

More information on this interesting article can be found on the following link:-

www.understood.org/en/learning-attention-issues/child-learning-disabilities/add-adhd/the-difference-between-adhd-and-autism

	ADHD	Autism
What is it?	A biological condition that makes it hard for kids to concentrate, pay attention, sit still and curb impulsivity.	A range of neurodevelopmental conditions that causes challenges with social skills, communication and thinking. Repetitive behaviors are also part of autism spectrum disorder (ASD).
Signs you may notice, depending on your child	<ul style="list-style-type: none"> • Seems forgetful, easily distracted or daydreamy • Appears not to listen and has trouble following directions • Is prone to tantrums and meltdowns due to frustration or lack of impulse control • Struggles with organization and completing tasks • Has trouble staying on task unless an activity is very enjoyable • Struggles with social skills • Struggles to sit still during quiet activities, such as mealtimes or during independent work time at school • Has trouble waiting his turn and being patient • Is constantly "on the go" or moving; fidgets and needs to pick up and fiddle with everything • Interrupts people, blurts things out inappropriately and may struggle with nonverbal cues • Acts without thinking and may not understand the consequences of his actions • May overreact to sensory input, like the way things sound, smell, taste, look or feel • Plays roughly and takes physical risks 	<ul style="list-style-type: none"> • Avoids eye contact and/or physical contact • Has delayed speech (or no speech) or repeats phrases over and over • Is prone to meltdowns due to sensory processing issues, anxiety, frustration or communication difficulties • Gets upset by changes in routine • Struggles with social skills • Uses excessive body movements to self-soothe (e.g., rocking, flapping hands) • Has obsessive interests and experiences perseveration • Is constantly "on the go" or moving; fidgets and needs to pick up and fiddle with everything • Is very advanced verbally, but struggles with nonverbal cues • Has trouble showing understanding of other people's feelings and his own • Reacts strongly to the way things sound, smell, taste, look or feel (sensory processing issues) • Has trouble with safety and danger awareness
Possible emotional and social impact	Trouble following social rules can make it hard to make and keep friends. Frequent negative feedback for acting out or not paying attention can impact self-esteem and motivation, making a child feel he's "bad" or "no good." (Read more about ADHD and emotions.)	The main struggles of ASD involve social understanding, communication and repetitive routines or behaviors. Many kids with ASD—even those without significant cognitive challenges—have trouble making friends, understanding how to relate to other people and making sense of social cues.

Parents & Friends News

Thank you!

A big thank you to everyone that assisted with our school fair on the weekend! Thank you to our stall coordinators, volunteers, staff, students and fair patrons! It was a great day and a very successful event for our school community as well as the wider local community. Stay tuned for an announcement on the amount raised.

Unfortunately, our main attraction the Gee Whizzer had hydraulic issues just the day before our event and could not attend. Please support those businesses that support us!

Raffle:-

<i>Pennicott Wilderness Journeys</i>	<i>Urban Wall</i>	<i>Spreyton Super IGA</i>
<i>NRG Hair Room</i>	<i>Fullife Pharmacy</i>	<i>The Heritage</i>
<i>Slick Promotions</i>	<i>Hellyers Road Distillery</i>	<i>Maveric Clothing</i>
<i>Harris Scarfe</i>	<i>GPS Plumbing</i>	<i>Midway Furniture</i>
<i>Karen Chugg Massage</i>	<i>Tasmanian Consulting Service</i>	<i>Wings Wildlife Park</i>
		<i>Loreal</i>

Other Sponsors:-

Australia Post	Banjors Ulverstone	Beachbeat
Becks	Begents Ulverstone	Betta Milk
CMax Devonport	Centacare Pharmacy	Champagne Therapy
Coles Ulverstone	Crustys Bakery	Dayzee Chain
Depot Food Co	Don River Railway	Eye Style Optical
Face Bar	Goodstone Group	Greg's Hair Room
Hairstyles of Ulv	Harvey Norman Dev	Ian Liley Optometrist
Impressions Hair	Leven Gourmet Meats	Maveric Clothing
McDonalds	Nicholls Chicken	Olivers Bakery
Sea FM	Small Change	Splash Devonport
Spreyton IGA	Sportspower	Take 2 Embroidery
Terry White Pharm	Shane Broad MP	Spice House
House of Flowers	The Nuthouse	The Toffee Shop
33 Cups	Top Video	Toyworld Devonport
Ulverstone Bicycles	Zig Zag Farm	Ulverstone RSL
Veolia Waste Management	Ulverstone News & Toys	Ulverstone Visitor Centre
Window on the World Book Lounge	Ulverstone Milk Supplies	Coastal Garden Supplies
Cripps	Lees Jewellers	Leven Newsagency
Tasman Coffee	Leven Traders	Subway Ulverstone

AGM

The P&F AGM is on Monday 20 November at 6.45pm in the school staffroom. All welcome. On this night all executive positions will be declared vacant and executive nominations for 2018 will be decided. Nomination forms are available from the school office.

Congratulations to our Fair Raffle winners:-

- 1st prize – Hailey King
- 2nd prize – Sue Clark
- 3rd prize – Briana Tobin
- 4th prize – Janaha McCullagh
- 5th prize – Samantha Hooper
- 6th prize – D Butrell
- 7th prize – Angela Townsend
- 8th prize – Adie Thomas
- 9th prize – Phil Goss
- 10th prize – Riley Wolfert
- 11th prize – Carlene Alexander
- 12th prize – Dorothy Broadfield
- 13th prize – Maureen Jones
- 14th prize – Lee White



The winners of our Lucky Jars were Zoe McClintock and Ruby Mennitz.

Billycart Project

Over the past two months a group of boys from grade 4 and 5 have been busy building billycarts in the school shed with the help of volunteers Mark and Lynn Gorman and School Chaplain Mrs Clingeffer. Those involved were Bailey, Will D, Nash, Keenan, Lachlan, Spencer, Luke, Kyle, Ryan T, Tom S and Zeph.



This was a character building exercise as each boy had opportunities to learn new skills as they projected plans, followed instruction, implemented safety aspects of working with tools, waited patiently for their turn, learnt new skills, built confidence by trying something new while working cooperatively and collaboratively to build their impressive team carts. They sawed, hammered, drilled, sanded, painted and practised riding (most had never ridden a billycart before).

Finally the day came when they could race their new creations with great gusto down the school hill, beaming big smiles all the way. Well done boys!



Lost

Size 12 Softshell jacket belonging to Will Blomfield-Patton. Can the finder please return to Will in 6BB or the school office. The jacket has his name and phone number in it.

**Sacred Heart Parents & Friends
Annual General Meeting
to be held in the staffroom on
Monday 20 November 2017 at 6.45pm**

Everyone welcome

**Please come along and support
this vital organisation in our school
All positions will be declared vacant**

**If you wish to nominate for a position, please
collect a nomination form
from the school office.**

Ulverstone Basketball Association

Term 4 Junior Local Roster Recommencing Monday 13th November for 5 weeks

Welcoming any new children to come and have a go. A full list of times and groups is available from the school office.



Important Dates

Friday 3 November	Athletics Carnival
Monday 6 November	Recreation Day Public Holiday
Tuesday 7 November 9.30am	Third Pre-Kinder session
Monday 20 November 6.45pm	Parents & Friends AGM
Wednesday 22 November	North West Athletics Carnival
November 28 to 30	Grade 5/6 Camp Spring Beach
November 29 to 30	Grade 3/4 Camp Clayton
Friday 1 December	Devonport Show Day Holiday
Thursday 21 December	Last day for students
Friday 22 December 12noon	School Office closes
Monday 29 January 2018	School Office reopens

2018 Term Dates

Term 1 – Thursday 8 February to Friday 13 April (Easter break Friday 30 March to Tuesday 3 April)
Term 2 – Monday 30 April to Friday 6 July
Term 3 – Monday 23 July to Friday 28 September
Term 4 – Monday 15 October to Thursday 20 December

End of Year Activities

Date	Event
13 December (Wednesday)	Whole School Mass 11-30am at Sacred Heart school - families welcome to attend
13 December (Wednesday)	Family Picnic and Carols on the school oval 5.30 - 7.00pm.
19 December (Tuesday)	Picnic day at Splash Aquatic Centre Prep-6
20 December (Wednesday)	Final Assembly and Year 6 awards at Sacred Heart Church commencing at 10.00am - families welcome to attend
20 December (Wednesday)	Grade 6 Graduation Service at Sacred Heart Church at 6.00pm.
20 December (Wednesday)	Grade 6 Leavers Dinner from 6.45-8.30pm. at the River Arms - students to attend following graduation service

HELP YOUR SCHOOL GROW

WITH BECKS HOME TIMBER & HARDWARE

27 OCTOBER - 30 NOVEMBER 2017

GETTING INVOLVED IS EASY!

School

- Shop at your local Becks Home Timber & Hardware, drop your receipt in the nominated box in store, clearly marking your school's name and your school will receive a gift card!
- Promote 'Help Your School Grow' in the school's weekly newsletters from 27 October to 30 November 2017. Colour artwork can be supplied as required.
- Collection of receipts dated between 27 October and 30 November 2017 will be counted and each school will receive a Becks Home Timber & Hardware Gift Card to the value of 10% of purchases from the Garden & Paint Departments.

Families

- Shop at your local Becks Home Timber & Hardware in the Garden & Paint Departments between 27 October to 30 November 2017.
- Leave your receipt at your local Becks Home Timber & Hardware Store, just write your school name on the back and place in the nominated box in store.

Full Terms & Conditions apply, see your local Becks Home Timber & Hardware store for details.

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