

Sacred Heart Catholic School News

Wednesday 1 March 2017

Issue 3

From the Principal



Sacred Heart School
5-7 Buttons Avenue
Ulverstone

Office hours
8.30am to 4.00pm
daily

Phone:
64252680

E-Mail:
shu@catholic.tas.edu.au

**Check out our
website:**
www.shu.tas.edu.au

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Download our Skoolbag app from either the Apple App Store, Windows Phone or Google Play Store. To install, just search for our school name Sacred Heart Catholic Primary School.



**Uniform Shop
Opening hours**
Monday 8.30-9.15am
Wednesday 8.30-9.15am
Thursday 2.30-3.15pm

School Bank Details:-
BSB: 067000
Acc: 10273288

Dear Families

Today we welcomed the season of Lent with an Ash Wednesday prayer service lead by Father Mike. Ash Wednesday signifies the beginning of Lent – the forty days leading up to Easter. Our school theme for the season of Lent this year is 'Happy Hearts'. Children will be encouraged to think about how they can bring happiness to themselves and others not only at school but at home as well. As Lent is a time for action and change the focus is on what we as individuals can do to help or assist others in any way and to fill hearts in a positive way.



THE THREE ASPECTS OF LENT

PRAYER: During Lent, we are asked to try to find time in our busy lives to stop, reflect and pray.

FASTING: In the past, Catholics were expected to abstain or give up meat every Friday during Lent. Now, there are only two days when this is required: Ash Wednesday and Good Friday. The whole idea of fasting and making sacrifices or "giving things up" is a way to try to simplify our lives a little and to discover what truly matters.

ALMSGIVING: During Lent we "give alms" or donate money to those in need. One way schools do this is through Project Compassion. Each classroom has a Project Compassion box where students can support children in other countries, perhaps by giving up some of their own coins. Families could also have a Project Compassion box at home to remind them of their commitment to those less fortunate.

As a school community we will encourage children to think about what they can do to bring happiness to the life of others. This can happen by:

-  Including other children in games
-  Welcoming everyone with a smile
-  Helping out a friend
-  Using manners
-  Being respectful of the needs of others
-  Using positive language
-  Doing small things for others



You may like to ask your children about what action they decided to do during Lent and assist them with achieving their goal.

This year's theme for Project Compassion is, 'Love Your Neighbour,' and I hope that in some small way our school community can help children from across the world experience all that is good in life.

Enjoy the week ahead and thank you for your continued support.

Michelle Wootton

Principal



PBS Focus:-
Including others in games



Re News

Shrove Tuesday - Why pancakes on Shrove Tuesday?

The Origins of Shrove Tuesday

Shrove Tuesday originated during the Middle Ages. As in contemporary times, food items like meats, fats, eggs, milk, and fish were regarded as restricted during Lent. To keep such food from being wasted, many families would have big feasts on Shrove Tuesday in order to consume those items that would inevitably become spoiled during the next forty days.

The English tradition of eating pancakes on Shrove Tuesday came about as a way to use as much milk, fats, and eggs as possible before Ash Wednesday began.

(www.sharefaith.com)

Thank you to our wonderful parent helpers who cooked pancakes for Shrove Tuesday yesterday.



Ash Wednesday

Ash Wednesday comes from the ancient Jewish tradition of penance and fasting. The practice includes the wearing of ashes on the head. The ashes symbolize the dust from which God made us.

We are invited to accept the ashes as a visible symbol of penance. The ashes are made from blessed palm branches, taken from the previous year's Palm Sunday Mass.

(<http://www.catholic.org>)



Thank you to Fr Mike and our school captains for leading us in today's prayer service.

Project Compassion 2017

Today with our newsletter each family will receive a Project Compassion box from Caritas Australia. The purpose of these boxes is to collect money from family and friends to support Caritas in their mission to end poverty.

The theme for Project Compassion 2017 is "Love your neighbour".

This year, Project Compassion demonstrates how love for our neighbours can transform lives. Everyday Caritas Australia and their local partners are supporting people in need around the world. They are assisting them to break free from the cycle of poverty regardless of ethnicity, political beliefs, gender or religion.

(<http://www.caritas.org.au>)

We encourage your support for Project Compassion and as a school we will be holding an in school fundraiser to support this very worthy cause. For more information please visit the website above.

Laine Davis

Assistant Principal: Religious Education

Staff Whereabouts

This week those who have release include....

- Thursday 2 March Mrs Rodman away (am) and Miss Neal away (pm) – Mrs Gausden relieving.
- Ms McCormack away Friday 3 March – Mrs Willoughby in 3/4IM.
- Mr Garnsey away Friday 3 March – Mr Bell in 5/6G
- Mrs Ray away Monday 6 March – Mrs Gausden in 1/2RB.

North West Catholic Schools Swimming Carnival

We are currently in the process of choosing a team of swimmers from Grade 3 – 6 for the upcoming North West Catholic Schools Swimming Carnival. The team will be selected in conjunction with our swimming instructors, to ensure that we send students who are the most capable swimmers. If you have joined our school this year for the first time and you would like your child to be considered, please contact the school office. A maximum of 8 boys and girls from each age group will be selected. Permission letters will be sent home two weeks prior to the Carnival.

The Carnival is to be held at the Burnie Aquatic Centre on Thursday 30 March.

Student Information Sheets

Student information sheets were sent home last week with all students. **Parents are asked to make any necessary alterations, complete and sign the bottom of the page and return as soon as possible.** Please return them promptly to ensure that our records are up to date. Since last year we have updated our database to a new system and unfortunately, some information may be missing, so please check carefully to ensure that all necessary health information, addresses and phone numbers are accurate.

For those students who have Asthma and/or Anaphylactic reactions, there are extra forms enclosed which should be completed by your family doctor at your next visit if you haven't already given us new forms this year. It is important that we have these reviewed on an annual basis. If there are no changes to the information contained therein, please sign, date and return the current form.

School Fees 2017

Those families who wish to pay in full before the end of March will once again be offered a 5% discount on their school fees. We are endeavouring to have all of our families who do not wish to take advantage of this discount set up on a payment as soon as possible.

Please note that while ten monthly payments are our preferred option, weekly or fortnightly payments are also acceptable. If you have any queries in relation to this form or you require a fees assistance form, please contact Mrs Butcher or Mrs Wootton to discuss same. Those families who need fee relief are required to complete a new form each year. If you have not completed this form, you will be billed for the full amount of fees until this paperwork is completed and approved.

Garden Club

If there are any students interested in joining a Garden Club at school, please register your interest with Mrs Williams at the school office. Once a week at lunchtime, students will be involved in general garden upkeep and keeping our school grounds tidy. Mr Damien McCulloch has kindly brought us in a green waste bag for the collection of weeds and it will be collected when full. Students will be provided with garden gloves.

School Photos

School photos are scheduled to be taken on Thursday 16 March. Order forms accompanied last week's Newsletter for individual and class photos. **Families who wish to have a family photo taken must collect a separate form from the school office. Every student must bring their own envelope to school, even if payment is included in a sibling's envelope. Please do not place envelopes inside each other and include correct money.** Please return all orders to the school office by Tuesday 14 March. No late orders will be accepted. **Please ensure students are dressed in correct uniform for the photos, PE uniform for Prep and Kinder classes, and full Summer Uniform for Grades 1 to 6.**



These students have cashed in their Sacred Heart Tokens for a well-deserved reward.

Tokens are given out to students following the school mantras –
be your best, be safe and be respectful.

Uniform Shop News

The Uniform Shop are seeking new volunteers to help this year. If you are available on a weekly or fortnightly basis, please leave your name at the school office. Opening hours are listed on the front page of this Newsletter. Thank you.



We are introducing an optional version of the girl's summer uniform for years 3 to 6, as pictured on the left. It comprises of a blue shirt with a Peter Pan collar and the navy skort currently used for our PE uniform. We are now stocking skorts up to size 14 and shirts in size 12, with shirts coming soon in sizes 10 and 14.

Working with Vulnerable Persons Act

You are reminded that if you wish to help in the classroom, accompany classes on excursions, assist in the Uniform Shop or Canteen, coach sports teams etc, in accordance with Tasmanian Government Legislation, you must be registered for Working With Vulnerable People. This costs the volunteer \$17.76. **This means that if you do not hold this certificate you cannot volunteer at school.** Please contact the Office if you require any assistance with this application process.

Applications must be made online at www.justice.tas.gov.au/working_with_children/application

Grade 6 Leavers Tops

Grade 6 students are reminded that their orders and payment of \$50.00 for the leavers hoodies must be returned to the school office by this Friday 3 March. Tops are available to try on to confirm sizes.

Pink Stumps Day

Thank you for your support of Pink Stumps Day on Friday 17 February. We were able to raise \$320 for the McGrath Foundation with children having the opportunity to take part in cricket activities and dress in pink casual clothes.



Little Joeys: Hop in to learning

Sacred Heart Catholic School
Birth to 4 program
On each Tuesday during school terms
in the Kinder Room

9.00 – 10.30am

Keiran Hofer (Kinder Teacher)
and Melissa Mudford (Teachers Aide)

Come along and join in the fun
Cost \$2.00 per family

ICT Agreements

ICT Agreements for all children were sent home last week. Please discuss with your child, **complete both sides, sign and return to school** as soon as possible. Any queries with regard to our ICT policy, please contact the school office.

Parents & Friends Association – 2017 Committee

The Parents & Friends Association are excited to announce our committee for 2017:-

- President:** Corey McGrath (Oscar 3/4R & Tristan 3/4IM)
Vice Presidents: Shauna Hingston (Bethany 3/4JH & Xavier Prep N); and Sharon Deane (Ella 5/6S)
Secretary: Kylie Dobson (Malachi 3/4IM & Isaac 2Z)
Treasurer: Debbie Butcher
Special Event Co-ordinators: Karen Armstrong (Isabella 2Z); and Claire Kelly (Niamh P/1DL & Conor 3/4IM)

Our next meeting is Monday 10th April 6:45pm-8pm. This meeting is an extraordinary general meeting as we are wanting to make amendments to the P&F Constitution. Everyone is welcome at this meeting.

5/6 Cricket News

Primary school cricket roster is due to recommence this Friday 3 March 2017. **If you are interested in registering for this roster, please collect a registration form from the school office and return as soon as possible.** Thank you to the Gavigan family who have offered to coach the team. We require other parent helpers to assist with umpiring and scoring and would be pleased to hear from anyone who is able to help. Registration fee is \$15.00. Roster runs for four weeks in March and seven weeks in Term 4.

Soccer

Interested students should register their names at the school office and return the parent permission forms, so that we can arrange teams.

Lost in Kinder at the end of last year, Rugby jumper size 4 with "Reid" on the tag. Could the finder please return to P/1DL or the school office.

Important Dates	
Monday 13 March	Public Holiday
Thursday 16 March	School Photos
Thursday 30 March	North West Swimming Carnival
Monday 10 April 6.45pm	Parents & Friends Meeting
Friday 14 April	Good Friday
<i>School Holiday break Monday 17 to Friday 28 April</i>	
Thursday 11 May	Mothers' Day Stall
Monday 15 to Friday 26 May	Prep to 2 Learn to Swim
Wednesday 31 May	Cross Country
Monday 12 June	Public Holiday
Tuesday 13 to Friday 23 June	Grade 3 to 6 Learn to Swim
Wednesday 28 June	North West Cross Country
Friday 7 July	Student Free Day
<i>School Holiday break Monday 10 to Friday 21 July</i>	
<i>School Holiday break Monday 2 to Friday 13 October</i>	
Sunday 29 October	School Fair
Friday 3 November	Athletics Carnival
Monday 6 November	Recreation Day Public Holiday
Wednesday 22 November	North West Athletics Carnival
Thursday 21 December	Last day for students

The Salvation Army Devonport

Easter Makers Market

Saturday 25th March 2017

11am - 3pm

166 William St, Devonport

- Zoo Riders
- Face Painting
- Shielydy
- Stalls from local crafters
- Jumping Castle
- Chocolate
- And much more...

For more information or to book your spot, visit the event on our Facebook page 'The Salvation Army Devonport' or call 64 249 211 during office hours.

Marist Regional College

mrc.tas.edu.au

striving for excellence
learning for life

"The greatest gift you can give your child is an excellent education."

MARIST REGIONAL COLLEGE
2018 Information Evening

Students and families are welcome to attend our Information Evening:

6.00 pm - 8.00 pm
Thursday, 16 March
Chanel Centre
Futuna Ave entrance

- College Tour
- Enrolment Packs
- Meet Key Staff

For more information phone (03) 6432 7612 or email: principal@mrc.tas.edu.au

Application forms & prospectus available at www.mrc.tas.edu.au/enrolment